

LOKAYAK

4 place Montmorin - 13260 CASSIS

Visit a Unique Heritage

Just a few paddle strokes away from the main beach of Cassis, you can access the magnificent landscape of the Calanques National Park.

This iconic landscape, both terrestrial and marine, of Mediterranean Provence makes the Calanques site one of the most famous in the world thanks to its remarkable biodiversity and cultural heritage.

Our guides will share the treasures and cultural richness of the National Park.

* Our routes are also available for rent without a guide.



The 3 Calanques Route

Accompanied by our experienced guides, you will navigate through the **magnificent Calanques** of the national park. This tour passes through the most emblematic Calanques of Cassis and Marseille:

- **The Calanque of Port-Miou**, with its castle and atypical port,
- **The Calanque of Port-Pin**, bordered by pines and crystal-clear water,
- **The Calanque of En-Vau**, a true jewel of the Calanques national park with impressive cliffs.

🕒 **Duration** : 4 hours - 📏 **Distance** : 10 km - 🛑 **Break** : 30 min to 1 heure - 💪 **Level** : Sporty



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Port-Miou



Port- Pin



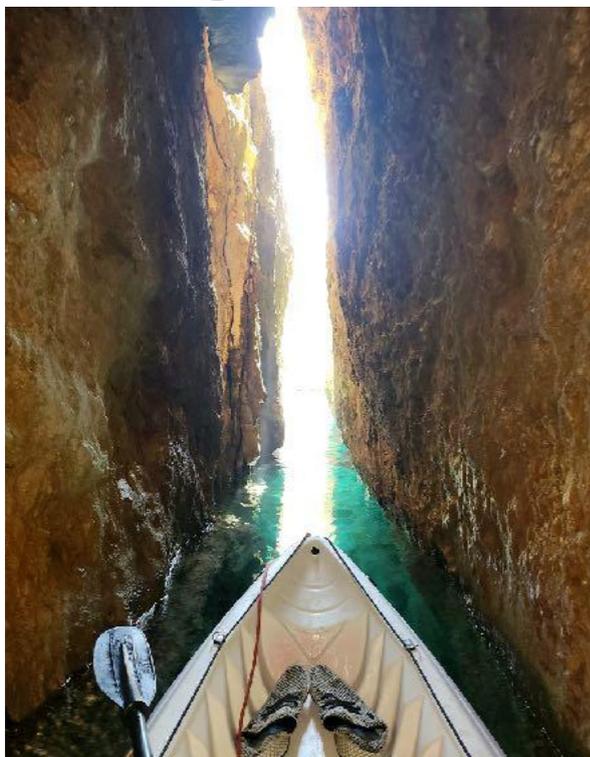
En-Vau

The 5 Calanques Route

Continuing from the **3 Calanques route**, the calanques of l'Oule and l'Eissadon reveal themselves with their breathtaking **caves and faults**.

- **The Calanque of Port-Miou**, with its castle and atypical port,
- **The Calanque of Port-Pin**, bordered by pines and crystal-clear water,
- **The Calanque of En-Vau**, a true jewel of the national park of calanques with impressive cliffs.
- **The Calanque of l'Oule**, with its cave and turquoise water.
- **The Calanque of l'Eissadon**, with its fault and secret passage.

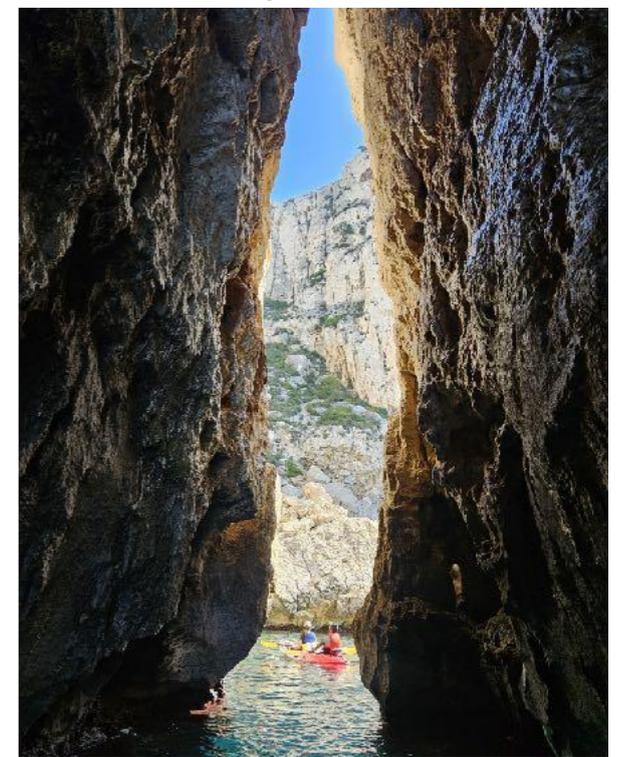
 **Duration** : 6 hours -  **Distance** : 15 km -  **Break**: 1h 30 min to 2 hours -  **Level** :Very Sporty



L'Oule



L'Oule 2



Eissadon's Fault

The Cap Canaille Route

This route is **suitable for all profiles**. This activity includes a walk under **the cliffs of Soubeyranne** (among the highest maritime cliffs in Europe) to the **"Rascasse" rock**. The **panorama** over the Calanques National Park is magnificent. This route is particularly recommended in **the afternoon and late in the day**.

- **The cliffs of Soubeyranne**, with their dizzying heights,
- **The Rascasse rock**, and the exceptional panorama of the Calanques National Park,
- **The beach of "Petit Paradis"**, with a break in this cove where swimming is gentle and golden at the end of the day.

Also, we can modulate the activity with games on the water !

 **Duration:** 2 hours -  **Distance :** 4 km -  **Break :** 20 minutes to 45 minutes -  **Level :** All Profiles



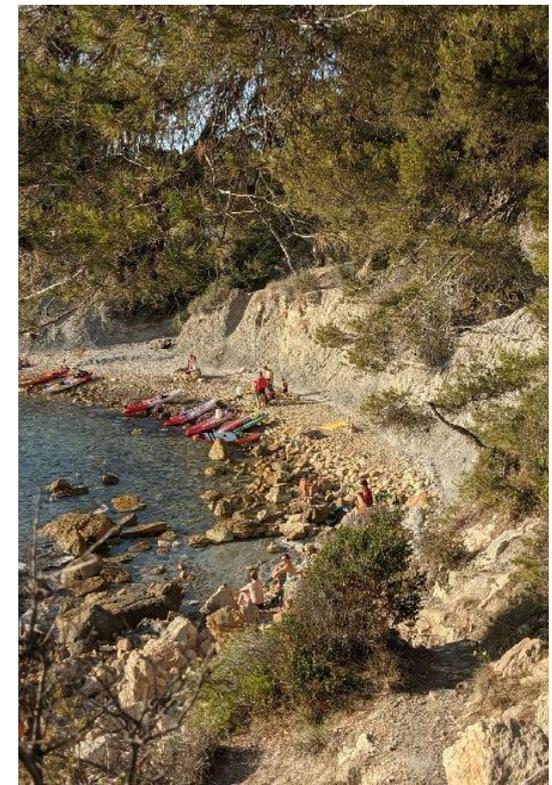
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Soubeyranne's Cliff



Rascasse Rock



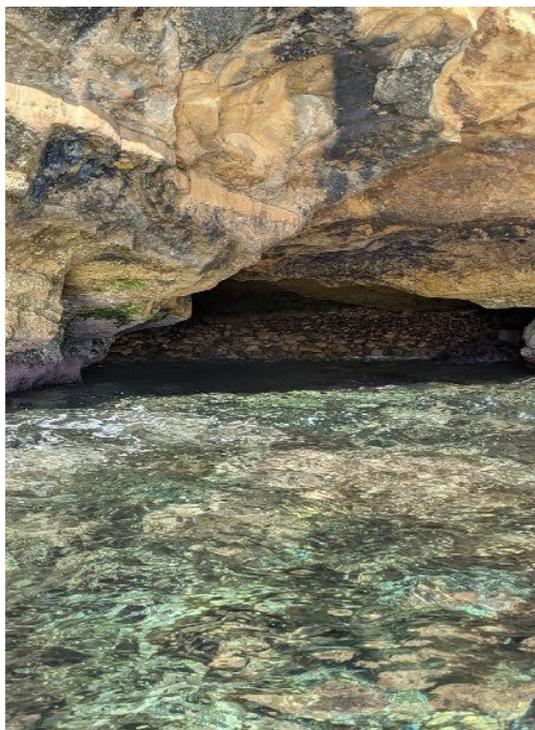
Petit Paradis Beach

The Soubeyranne Cave Route

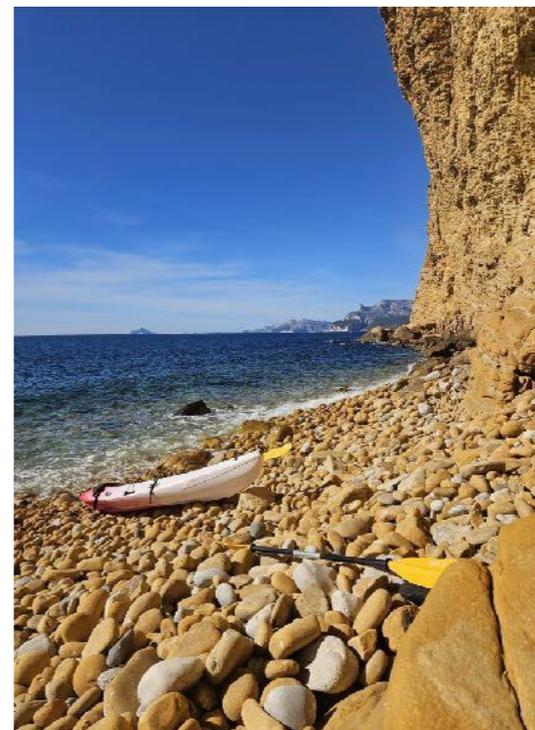
Continuing from the **Cap Canaille route**, this walk allows you to discover unique biodiversity, far from the hustle and bustle of the calanques. Few hikers, very few boats... **A moment of relaxation and disconnection...** sporty!

- **The cliffs of Soubeyranne**, with their dizzying heights
- **The Rascasse rock**, and the exceptional panorama of the Calanques National Park,
- **The beach of "Petit Paradis"**, with a break in this cove where swimming is gentle and golden at the end of the day.
- **The Soubeyranne cave**, and its interior beach,
- **The beach of Soubeyranne**, for a break on a deserted pebble beach.

🕒 **Duration** : 4 hours - 📏 **Distance** : 10 km - 🛑 **Break** : 30 minutes to 1 hours - 💪 **Level** : Sporty



Soubeyranne Cave



Soubeyranne Beach

Our Reception Area and Options

Our shop is ideally located. In the heart of the town center of Cassis, our base is close to restaurants, beaches, and the inescapable marina of our village.

Our address is **4 place Montmorin 13260 CASSIS**. We have a reception area of **110 m²** equipped with a bar, lockers, changing rooms, and toilets to welcome you in the best conditions.

Our options:

- **Sleeveless wetsuits / windbreakers** (subject to our stock and the time of year).
- **Picnic option (On quote):** Mamahe Café - mamahecafe@gmail.com.
- **Option to privatize our shop** (On quote).
- **Welcome coffee / return drink** (On quote).



ACCESS :

- **By car:**

Prefer the paid parking lot of Mimosas, Viguerie, and La Madie (5-10 minutes walk from our meeting point). Parking in Cassis is always difficult or even impossible during periods of high traffic (weekends, July-August, public holidays...).

- **By bus:**

ATTENTION, access for private buses in the city center in high season (between May 1st and October 15th) is prohibited. These buses will have to go to the Gorguettes parking lot and shuttles are available to access the city center. In case of a large group, it is strongly advised to contact the Tourism Office - Group Service - to privatize the small trains (on quote):

groupes@ot-cassis.com - +33 (0) 4 42 01 35 06

- **Web site:**



<https://www.lokayakcassis.com/>

- **Mail / Téléphone:**



Contact@lokayakcassis.com



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